



Super Fitness Camp Registration Form

Date of Camp: _____

Payment Due In Full: \$150.00

Amount Paid Money Orders
Only Payable to "Janet Marsico": \$ _____

Full Name: _____

Address: _____

Telephone: _____

Cellular Phone _____

E-Mail Address: _____

* Referred By: _____

Contest Date: _____

Organization: _____

* If you were referred by a friend please put their name in the space provided.
** Please print this form and include it in your envelope, together with your money order. Registration forms and payments are to be mailed to Janet Marsico, PMB 129, 3 Rye Ridge Plaza, Rye Brook, New York 10573



The 4TH Annual Janet Marsico WNBF World Figure Champion and
Official Stage Coach for the WNBF/INBF
Super Fitness Camp
Sponsored by Revolutionary Technology Nutrition
Sunday, March 18, 2012
CAMP MENU

- | | | |
|---|---------|--------------------------|
| 1. Water/ Grilled chicken wrap with roasted peppers,
arugula, vinaigrette dressing and salad of choice | \$10.00 | <input type="checkbox"/> |
| 2. Water/ vegetable wrap (sautéed eggplant, spinach
broccoli, olives with melted provolone and salad of choice | \$10.00 | <input type="checkbox"/> |
| 3. Water/grilled chicken, steamed broccoli, baked potato
with salad of choice | \$10.00 | <input type="checkbox"/> |

All lunches come with salads and with dressings on the side. Please select from one of the choices below. Select from both column A and from the dressing column by checking off in both of the boxes in each column and remember to put your name and the total amount paid. You may purchase more than one lunch on one form.

Salads

- | | |
|---------------------------------|--------------------------|
| A. Garden Salad | <input type="checkbox"/> |
| B. Garden Salad with gorgonzola | <input type="checkbox"/> |
| C. Garden Salad with Mozzarella | <input type="checkbox"/> |

Choice of Dressings

- | | |
|----------------------------------|--------------------------|
| Oil and Vinegar | <input type="checkbox"/> |
| Blue Cheese | <input type="checkbox"/> |
| Creamy Italian | <input type="checkbox"/> |
| Low fat raspberry
vinaigrette | <input type="checkbox"/> |

NAME: _____ TOTAL AMOUNT PAID \$ _____